

When your family is complete,
choose Essure®

Essure is a gentle, hormone-free
birth control procedure—without cutting
or the risks of getting your tubes tied.



Visit essure.com
or call 1-877-ESSURE-1
(1-877-377-8731)

essure®
YOUR FAMILY IS COMPLETE.
YOUR CHOICE IS CLEAR.™

What is Essure?

Essure® is a permanent birth control procedure that works with your body to create a natural barrier against pregnancy. This gentle procedure can be performed in a doctor's office in less than an hour.

Trusted by women and doctors for over five years, Essure is covered by most insurance providers. If the Essure procedure is performed in a doctor's office, depending on your specific insurance plan, payment may be as low as a simple co-pay.



The Essure procedure involves placing soft, flexible micro-inserts in the fallopian tubes.

Essure offers women what no other birth control ever has

- No cutting
- No going under general anesthesia
- No slowing down to recover
- No hormones
- No guessing—your doctor can confirm when you can rely on Essure for birth control
- Short procedure time—Essure only takes about 13 minutes* to perform

... And you'll never have to worry about
unplanned pregnancy again.

Here's how Essure compares

| | Essure | Pill | IUD | Vasectomy | Tubal Ligation |
|--|--------|------|-----|-----------|----------------|
| Hormone-free | ✓ | | † | ✓ | ✓ |
| Incision-free | ✓ | ✓ | ✓ | | |
| No hospital visit necessary | ✓ | ✓ | ✓ | ✓ | |
| Permanent | ✓ | | | ✓ | ✓ |
| Doesn't require general anesthesia | ✓ | ✓ | ✓ | ✓ | |
| Rapid recovery (in 1-2 days or sooner) | ✓ | ✓ | ✓ | | |

*Average hysteroscope time.

†Some IUDs involve hormones, while others don't.

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How does Essure work?

1 An Essure-certified doctor inserts soft, flexible micro-inserts into the fallopian tubes. No incision is needed because these tiny inserts are delivered through the vagina and cervix.



2 Over the next several weeks, a natural barrier forms around the micro-inserts and prevents sperm from reaching the eggs. The ovaries will continue to release eggs, but they will be absorbed back into the body.



3 After three months, it's time to get an Essure Confirmation Test to verify you're protected from the worries of unplanned pregnancy. The test uses a dye and special type of x-ray to ensure the fallopian tubes are blocked. Until that time, you must continue using another form of birth control.



*F*requently asked questions

Can I trust the Essure procedure?

Yes, Essure is 99.8% effective. In four years of clinical trials, there have been no pregnancies among Essure users.

Is the procedure painful?

Generally, no. Some women report mild discomfort or cramping, similar to a normal monthly cycle during or after the procedure. A small number of women experience nausea in the hours following the procedure.

How long is the recovery?

Women are typically able to go home within 45 minutes of having the procedure and almost all return to normal activities within one to two days.

Is Essure reversible?

No, the Essure procedure is not reversible. Like a vasectomy or tubal ligation, Essure results in permanent sterilization, so you should be sure you do not want to have children in the future.

Will I still have a period?

Yes, you will still have a period, though some Essure users find that their period changes afterward, becoming slightly lighter or heavier. These changes are often temporary.

Is Essure covered by my insurance?

The Essure procedure is covered by most insurance providers. It is best to review your insurance coverage with your physician and insurance carrier before receiving the procedure.

*V*isit essure.com to learn more

- Compare the procedure to other forms of birth control
- Read about other women's experiences with Essure
- Get information about insurance coverage
- Find an Essure-certified doctor near you

Call us at 1-877-ESSURE-1 to speak to an Essure counselor or to find an Essure-certified doctor near you.

Considerations

- Essure is a permanent sterilization procedure and is not reversible
- No form of birth control should be considered 100% effective, including the Essure procedure
- Not all women who undergo the Essure procedure will achieve successful placement of both micro-inserts
- Another form of birth control must be used for three months after the procedure
- Risks may include cramping/pain, nausea/vomiting, dizziness/light-headedness, bleeding/spotting
- As with all procedures, there are risks associated with the Essure procedure. You should be well-informed about these risks; discuss them in detail with your doctor before making your decision

You should NOT choose Essure if you:

- May want to have children in the future
- Are pregnant or think you might be pregnant
- Have had a tubal ligation
- Cannot have the Essure micro-inserts placed in both of your tubes (even if one tube is thought to be closed or you only have one tube)
- Are unwilling to use alternative birth control during the three-month waiting time
- Are unwilling to have the follow-up Essure Confirmation Test
- Have a known allergy to contrast dye (dye used during x-rays)
- Have a sensitivity to nickel, as shown by skin testing

You can find a complete list of risks and considerations on the Essure website at essure.com, or call the Essure Information Center at 1-877-ESSURE-1 (1-877-377-8731).

Start the next stage of your life with confidence. With Essure permanent birth control, you never have to worry about unplanned pregnancy again.

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